

PST Training Format for 1 to 10 Clinicians

OVERVIEW: We have been able to train large numbers of clinicians at a time (300+) for counties and state programs, although the time it takes to certify everyone depends on availability of PST trainers. We currently have 30 trainers who can participate in large group training programs. This certification plan is a combination of role-play, audio tape review and post certification supervision. The components are:

1. 1-day workshop:

A PST expert will lead a 1-day workshop that will include a half day of didactics in PST and a half day of case-based training in the delivery of PST.

TOTAL HOURS: 8

2. 8 weeks of group, simulated case role plays (8 clinicians per group):

Two PST experts co-lead eight, 90-minute tele-group calls to give clinicians an opportunity to practice PST. All calls consist of an overview of the focus of the training for that week, a demonstration role play done by the two co-leaders (weeks 1-4), and two simulated practice cases at each call. By the end of the eight weeks, each clinician will have had a chance to practice PST twice, and will have learned by observing other colleagues.

TOTAL NUMBER OF HOURS: 16

3. Implementation review:

The PST expert will review three PST sessions per clinician via audio-tape of an actual patient: she will review a first PST session, a follow up session and a termination session for each clinician. Each clinician will be given 30 minutes of telephone feedback per tape reviewed. This review will be crucial for final certification. Audio tape review will be completed within 3

months, depending on clinician ability to identify cases willing to be audio taped. CLINICIANS HAVE THE OPTION OF EARLY CERTIFICATION, IF THEY PROVIDE AUDIOTAPES DURING THE 8-WEEK ROLE PLAY TRAINING.

TOTAL HOURS: 9

WE DO NOT GUARENTEE CERTIFICATION. Certification is based on clinician ability to implement PST with actual patients according to a set standard we hold for all clinicians. We do everything we can to help clinicians reach certification, and based on our experience, most clinicians certify in PST.

Once certified, all clinicians certified receive a certificate and will have free access to the PST network site.