

## Training the Trainer

**Guided experience in providing PST training.** Candidate trainers will co-lead the clinician interviews with a PST expert and co-lead the training described below with an expert trainer. Each candidate trainer will participate in the following activities:

- Candidate trainers will co-lead the PST workshop described above. Each candidate trainer will have an opportunity to present one section of the PST workshop. An expert trainer will attend the workshop to observe candidate trainers' leadership and provide feedback to each candidate trainer after the workshop.
- Candidate trainers will co-lead the ten PST case-based training meetings. Candidate trainers will attend all meetings, but will take turns leading the group. The expert trainer will participate in these meetings to offer guidance when needed and to provide feedback after each meeting. See sample schedule:

Each meeting will begin with a 30-minute briefing with the expert trainer and will be followed by a 30-minute debriefing/feedback session.

**Total expert hours: 30**  
**Total per candidate hours: 30**

- Each candidate trainer will rate ten audio-sessions and provide feedback to clinicians in conjunction with the expert trainer. Candidate trainer tasks will include:
  - Review of 10 tapes
    - **Total per candidate hours: 10**
    - **Total overall expert hours: 30**
  - Compare ratings with expert ratings
    - **Total per candidate hours: 05**
    - **Total overall expert hours: 15**
  - Provide feedback to clinicians in training
    - **Total per candidate hours: 05**
    - **Total overall expert hours: 15**